

## Step 7 – Humbly asked God to remove our shortcomings

### 7C – Remove our Shortcomings

The removing of our shortcomings is not a getting rid of something. Instead, it is a transforming of something that is distorted into something far nobler.

Nearly every Character Defect is a normal human impulse that is distorted either by how it is used or towards whom it is directed. We find new, noble uses of those human impulses by changing how we use them (the expression) and by directing them towards other people (the focus).

Which of the following do you relate to and why?

Character Defect	- Human Impulse	- Alternative Noble Character Traits
Pride	- Sense of Self	Leadership
Greed/Envy/Lust	Wanting	Providing for others/ teaching / Charity
Self Righteousness	Seeing the better	Inventor/ Governance / Leader
Rage	Fear	Courage / building up others
Selfishness	Identity	Identifying with group / Self Interest
Sloth	Conservation Of effort	Creativity
Gluttony	Meeting needs	Self Care / Providing for family & clan

Many of us also have some that are the mirror opposite. Which are at work in my life?

Pride - Excessive submission

Greed - Avoidance

Self Righteousness - Denial of ambition / lack of self care

Rage – Denial of anger

Selfishness - Poverty and excessive giving to others

Sloth - Overwork

Gluttony - Anorexia