

Step 4 Made a searching and fearless moral inventory of ourselves

4A First Reaction

When I read the words of this step, what is my first reaction about these words? What do I think this step means for me to do?

Let us look at one word in the step; “ourselves” This word is significant in number. Can this step be done by my self? If I am trying to do this step by myself, what am I trying to get from it?

Many people like to jump from step 1 to step 4. What have you learned from working steps 2&3 that affect how you can approach this step?

How can the following people have a voice in how I work this step?  
My Sponsor?

My Group?

My higher power?

Many people fall back into doing the steps by their own power when faced with the 4th step. How can I continue to be directed by a higher power as I approach this step?